

SUSPENSION SETUP

BIKE 2020

SUPERFOXY CARBON RR

Super Enduro / Bike Park

Fork: FOX 36 Float FIT GRIP2 EVOL Factory Kashima 170mm

Follow FOX 36 recommended settings on the left back side of the casting.

Mondraker recommended FOX 36 FIT GRIP2 fork settings based on Rider weight and Super Enduro application:

SAG		RECOMMENDED SETTING*			
RIDER WEIGHT	AIR PRESSURE	CLIC(S) CLOSED FROM FULL OPEN			
lbs / kg	psi	HSR	LSR	HSC	LSC
120 / 54	46	1	5 - 6	1 - 3	1 - 2
140 / 64	55	1 - 2	6 - 7	2 - 6	3 - 4
160 / 73	64	2 - 3	7 - 8	4 - 8	5 - 6
180 / 82	73	3 - 4	8 - 9	6 - 10	7 - 8
200 / 91	82	4 - 5	9 - 10	8 - 12	9 - 10
220 / 100	91	5 - 6	10 - 11	10 - 14	11 - 12
240 / 109	100	6 - 7	11 - 12	12 - 16	13 - 14

*Suggested fork sag 20%

Rear shock: FOX DHX2 Factory Kashima

Size S: 350 lbs Size M: 400 lbs Size L: 450 lbs Size XL: 500 lbs

SAG		RECOMMENDED SETTING*			
RIDER WEIGHT	SPRING RATE	CLIC(S) CLOSED FROM FULL OPEN			
lbs / kg	lbs	HSC	LSC	HSR	LSR
120 / 54	350	1	2	1	2
140 / 64	350	2 - 3	3 - 4	2 - 3	3 - 4
160 / 73	400	3 - 4	4 - 5	3 - 4	4 - 5
180 / 82	450	4 - 5	5 - 6	4 - 5	5 - 6
200 / 91	450	5 - 6	6 - 7	5 - 6	6 - 7
220 / 100	500	6 - 7	7 - 8	6 - 7	7 - 8
240 / 109	500	7 - 8	8 - 9	7 - 8	8 - 9

*Settings based on Super Enduro application and 30 - 35% recommended sag



These values offer a general recommendation. Rebound and compression damping settings are a personal choice and should be fine-tuned depending on the riding style and terrain conditions.